

## ABSTRACT

A pillow is disclosed for securely maintaining a user at a predetermined angle from a flat surface. The pillow includes an angled member having a triangular shape. The pillow further includes a securing member and means for connecting the securing member to the angled member at a first apex thereof. Upon connecting the securing member to the angled member, a user is positioned against the angled member and is secured thereto by the securing member and the user is maintained at the predetermined angle.